



The Legend of the Pretzel

Beginning on Sunday, January 31, you are invited to log on to our video and learn how to make soft pretzels. The Legend of the Pretzel and how it relates to prayer will help us as we get our hearts ready for the Lenten season.

In order to fully participate and join us in making the pretzels, you will need the following:

- 1 package yeast
- 1 1/2 cups warm water
- 1 tablespoon sugar
- 1 teaspoon salt
- 4 cups flour
- 1 egg
- extra salt for the tops- large salt works best!